## Nurse Advice Line

A Nurse Advice Line is a great tool if you are unsure whether or not to go to the Emergency Room (ER). Avoid long ER wait times and call the Nurse Advice Line any time you need medical advice. The Nurse Advice Line is available 24/7.

<table>
<thead>
<tr>
<th>Health Plan</th>
<th>Type of Coverage</th>
<th>Nurse Advice Phone Number</th>
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<tbody>
<tr>
<td>Aetna</td>
<td>Commercial</td>
<td>1-800-556-1555</td>
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<tr>
<td>Anthem Blue Cross</td>
<td>Covered CA (HMO)</td>
<td>1-800-337-4770</td>
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<td>Commercial</td>
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<td>POS</td>
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<td>Medi-Cal</td>
<td>1-800-224-0336</td>
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<td>Medicare Advantage</td>
<td>1-855-658-9249</td>
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<td>Blue Shield</td>
<td>Covered CA (PPO)</td>
<td>1-877-304-0504</td>
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<td>Blue Shield of California Promise Health Plan</td>
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<td>Easy Choice</td>
<td>Medicare</td>
<td>1-800-581-9952</td>
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<td>Health Net</td>
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<td>L.A. Care</td>
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<td>Molina Health Care</td>
<td>Cal MediConnect</td>
<td>English: 1-888-275-8750</td>
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<td>Covered CA (HMO)</td>
<td>Spanish: 1-866-648-3537</td>
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<td>Medicare Advantage</td>
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<td>United Healthcare</td>
<td>Commercial</td>
<td>Refer to your health plan</td>
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<td>Medicare Advantage</td>
<td>Member ID card, may differ</td>
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<td>Covered CA (PPO)</td>
<td>by region.</td>
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<td>Universal Care dba Brand New Day</td>
<td>Medicare Advantage/DSNP</td>
<td>1-800-377-7012</td>
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