



When you feel your best you glow from the inside out.

What is HPV?



- HPV, or human papillomavirus, is a common virus that can cause cancers later in life. You can protect your child from these cancers with the HPV vaccine.
- 9 to 13 years is the **optimal age** for the HPV dose because the vaccine works much better during the preteen years than when given later.
- Most cervical cancers are caused by human papillomavirus (HPV).
- HPV is highly preventable.

HPV Vaccine Schedule and Recommendations

*Per CDC vaccination guidelines.

Who gets two or three doses?

Ages 9-14

First dose



Today

Second dose



6-12 months after the first dose

Ages 15+

First dose



Today

Second dose



2 months later

Third dose



6 months after the first dose



How often do you need to get screened?



Ages 21-29

Pap every three years or sooner if needed.

Ages 30-64

Pap and co-test HPV screening every five years.

To schedule your child's appointment call (888) 499-9303 or at MyAltaMed.net



AltaMed supports Cervical Cancer Awareness.

You may be eligible to receive this screening for free.

