

What are Uterine Fibroids?



Uterine fibroids are common non-cancerous growths in the uterus that can cause pain and heavy periods.

What are some signs of having uterine fibroids?

- Heavy bleeding during periods or spotting
- Pain or pressure in the pelvis
- Increased urination
- Pain during sex or a lot of pain during periods
- Difficulty getting pregnant

If you ignore uterine fibroids, they can grow larger, which can have a harmful impact in your body.

Who gets uterine fibroids?

Some people have a higher chance of getting uterine fibroids than others. You might have a higher risk if you:

- Are between the age 30 and menopause
- Are African American
- Have a higher body weight than normal
- Have a family history of uterine fibroids

How will doctors find uterine fibroids?

Doctors can find uterine fibroids during exams or on ultrasounds.

How are uterine fibroids treated?

If your uterine fibroids are causing you problems or pain, it's time for a talk with your doctor.

- Size and place of uterine fibroids will decide if you need care.
- Your age and how close to menopause you are will play a big role. Uterine fibroids tend to shrink and go away after this stage of your life.
- Whether or not you plan to have children will shape your care.

If you have questions, don't wait to take action. Call to set up an appointment.

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